

POLICE DEPARTMENT
CITY OF NEW YORK
AUXILIARY POLICE SECTION

APS #51B
MEDICAL CERTIFICATION FORM

This is an inquiry concerning:

Name: _____
Address: _____
Telephone Number: _____

To Whom It May Concern:

The above-named individual is an applicant/member of the New York City Police Department ("NYPD") Auxiliary Police Program. Applicants for the Auxiliary Police Program are required to be physically capable of performing the essential functions of the position of Auxiliary Police Officer, including, but not limited to, patrol duties. Patrol duties include wearing a uniform with an equipment belt and bullet resistant vest weighing ten to fifteen pounds, standing and walking on a foot post for approximately three hours or more and performing traffic and pedestrian control on a post for extended periods of time in all types of weather and environmental conditions.

In addition to the initial self-defense training, all Auxiliary Police members must pass a yearly self-defense refresher which requires them to perform the following maneuvers:

- Demonstrate various strikes (punches) and kicks repeatedly on an impact pad;
- Demonstrate blocking maneuvers;
- Handcuff an individual;
- Swing a police baton repeatedly, with force;
- Demonstrate how to escape from various choke holds.

The Auxiliary Officer has to possess physical balance, hand strength and flexibility in order to accomplish these maneuvers. Auxiliary Police also serve as "EYES AND EARS" for the Police Department. Therefore, it is necessary that participants be able to:

- Remain alert and observant of any suspicious or out-of-ordinary situations;
- Be able to visually inspect post;

- Maintain visual observations of dangerous incidents or crimes in progress and report these observations to police personnel;
- Be able to hear instructions transmitted over a police radio; including times where background noise is present.

You can assist the NYPD in its effort to ensure that our applicants/current members are physically capable of performing the essential functions of the position of Auxiliary Police Officer. All information will be treated as confidential.

The above-listed member is physically capable of performing duties of an Auxiliary Police Officer with the New York City Police Department.

The above-listed member is **NOT** physically capable of performing duties of an Auxiliary Police Officer with the New York City Police Department.

Licensed Health Care Practitioner –Print Name

Signature

NYS License Number

Date